

## HERE ARE THE DETAILS FOR EACH OF THE MEETING LOCATIONS

### OTTAWA REGIONAL OFFICE 11 Holland Avenue, Ottawa (near Tunney's Pasture)

The meetings take place in the Pat McGrath boardroom located on the first floor of the Holland Cross building behind the Post Office.

### GATINEAU REGIONAL OFFICE 200 Promenade du Portage, Gatineau (Hull Sector)

The meetings take place in the Philippe Célestin boardroom located on the 2nd floor, between the Passport Office and the CIBC bank.

### PSAC NATIONAL OFFICE 233 Gilmour Street, Ottawa (near Elgin Street)

The meetings take place in the J. K. Wylie boardroom located on the 1st floor (turn left when entering the building).

[www.afpc-rcn.com](http://www.afpc-rcn.com)

## OUTREACH AND MEMBER ENGAGEMENT COMMITTEES



### EDUCATION COMMITTEE

The Education Committee plays an active role in developing the PSAC-NCR Education Program. The Committee discusses union education needs, determines how the region should respond to these needs and finds ways of engaging members through union education.

The committee meets on the third Tuesday of each month at the Ottawa Regional Office. The day of the meeting, a light meal will be served at 5 p.m. followed by the meeting at 5:30 p.m.

### HEALTH AND SAFETY COMMITTEE (H&S)

The overall mandate of the Health and Safety Committee is to promote health and safety awareness and activism in our region by equipping members to contribute to the creation and to the preservation of healthy and safe work environments.

The committee meets on the third Wednesday of each month. The location of the meetings alternate between the Ottawa and the Gatineau Regional Office. The day of the meeting, a light meal will be served at 5 p.m. followed by the meeting at 5:30 p.m.

### MEN'S ACTION SUPPORT COMMITTEE (MASC)

The committee is committed to pursuing social justice issues from a union perspective in our community. While the primary focus of the committee's activities may be on men and issues particular to men, meetings are open to all.

The committee meets on the third Tuesday of every second month commencing with February each year, at the Ottawa Regional Office. A light meal will be provided at 5 p.m. followed by the meeting at 5:30 p.m.

### COMMUNICATIONS COMMITTEE

The Communications Committee provides recommendations to the NCRC Executive and its regional committees on communications issues. The Committee also provides support to Locals and to PSAC campaigns.

The committee meets on the second Tuesday of each month at the PSAC Ottawa Regional Office. The day of the meeting, a light meal will be served at 5:30 p.m. followed by the meeting at 6 p.m.

### YOUNG WORKERS COMMITTEE (YWC)

The YWC's main objective is to educate young workers about the labour movement; engage, mobilize and retain young workers. The committee also raises awareness on a series of issues that young workers face today. Members of this committee are 35 years of age and under.

The committee meets approximately every two months at the PSAC National Office. The day of the meeting, a light meal will be served at 5:30 p.m. followed by the meeting at 6 p.m.

# REGIONAL COMMITTEES OF THE PSAC

## National Capital Region (NCR)



National Capital Region

PSAC NCR Regional Committees help to guide our union and protect the interests of our members. Many of today's leaders developed their skills, abilities and talents on a committee. They not only educated themselves but became an invaluable resource to Local members, Components and within the regional and national structures of the PSAC.

If you are passionate about one of these issues, you will find a warm welcome awaits you. Members are the heart of our union and your involvement will help ensure that our union and the labour movement continue to thrive.

Email the committee chair and let them know that you want to get involved. You will find their contact information by going to the Committees section of the PSAC-NCR website ([www.pscac-ncr.com](http://www.pscac-ncr.com)).

You can also call the Ottawa Regional Office at 613-560-2560 or the Gatineau Regional Office at 819-777-4647. (Members do not have to attend every meeting.)

## POLITICAL ACTION COMMITTEES



### OTTAWA AREA COUNCIL (OAC)

OAC members come together to raise awareness on issues affecting our members, workers and the Canadian public such as workers' rights and social justice. Members also participate in awareness activities with politicians led by the PSAC. The OAC works on the Ontario side of the PSAC-NCR.

The committee meets on the second Wednesday of each month at the Ottawa Regional Office. The day of the meeting, a light meal will be served at 5 p.m. followed by the meeting at 5:30 p.m.

### CONSEIL RÉGIONAL D'ACTION POLITIQUE DE L'OUTAOUAIS (CRAPO)

CRAPO members come together raise awareness of issues affecting our members, workers and the Canadian public such as workers' rights and social justice. Members also participate in awareness activities with politicians led by the PSAC. The CRAPO works on the Quebec side of the PSAC-NCR.

The committee meets on the second Wednesday of each month at the Gatineau Regional Office. The day of the meeting, a light meal will be served at 5:30 p.m. followed by the meeting at 6 p.m.

## HUMAN RIGHTS COMMITTEES



### ABORIGINAL ACTION CIRCLE (AAC)

The AAC seeks to assist the PSAC, the National Capital Regional Council (NCRC) and Locals in carrying out the actions outlined in the PSAC Statement of Principles on Aboriginal Peoples' Rights.

The committee meets on the fourth Wednesday of each month at the Ottawa Regional Office. The day of the meeting, a smudging ceremony takes place at 5 p.m. followed by a light meal. The meeting starts at 5:30 p.m.

### MEMBERS WITH DISABILITIES ACTION COMMITTEE (MDAC)

MDAC welcomes members with disabilities, whether physical, sensory or psycho-social, either permanent or temporary in duration. The purpose of the committee is to ensure that PSAC members with disabilities are given the opportunity to participate fully in their union and in their workplace.

The committee meets on the first Thursday of each month at the Ottawa Regional Office. The day of the meeting, a light meal will be served at 5 p.m. followed by the meeting at 5:30 p.m.

### RACIALLY VISIBLE ACTION COMMITTEE (RVAC)

RVAC provides a forum for racially visible members to focus on the elimination of discrimination, harassment and racism.

The committee meets on the third Thursday of each month at the Ottawa Regional Office. The day of the meeting, a light meal will be served at 5:30 p.m. followed by the meeting at 5:45 p.m.

### PRIDE COMMITTEE

The vision of the GLBT (Gay, Lesbian, Bisexual, Transgender) group of Ottawa- Gatineau is to work together for the community.

The committee meets on the second Tuesday of each month. The location of the meetings alternate between the PSAC National Office and the Gatineau Regional Office. The day of the meeting, a light meal will be served at 5 p.m. followed by the meeting at 5:30 p.m.

### OTTAWA REGIONAL WOMEN'S COMMITTEE (ORWC)

The mandate of the ORWC is to provide women in the PSAC-NCR a meeting place where they can discuss, work collectively and organize activities aimed at promoting the defence of women's rights. The ORWC operates entirely in English.

The committee meets on the fourth Thursday of each month in the Ottawa Regional Office. The day of the meeting, a light meal will be served at 5 p.m. followed by the meeting at 5:30 p.m.

### COMITÉ RÉGIONAL DES FEMMES FRANCOPHONES (CRFF)

The mandate of the CRFF is to provide women in the PSAC-NCR a meeting place where they can discuss, work collectively and organize activities aimed at promoting the defence of women's rights. The CRFF operates solely in French.

The committee meets on the fourth Tuesday of each month at the Gatineau Regional Office. The day of the meeting, a light meal will be served at 5 p.m. followed by the meeting at 5:30 p.m.